

# Footprints In The Sand

**Count:** 32

**Wall:** 4

**Level:** Advanced Nightclub

**Choreographer:** Dee Musk (UK) Feb 08

**Music:** 'Footprints In The Sand' – Leona Lewis – Album Leona Lewis – Spirit

**(14 Count Intro) - start just before main vocals on first beat. Approx (14 secs).**

**SIDE LUNGE, ¼ TURN R, TOGETHER WITH DIP, UNWIND ¾ TURN R WITH SWEEP, BEHIND SIDE STEP, STEP WITH SWAYS, BACK CROSS BACK.**

1,2& Bending L knee lean and lunge out to the L side keeping R leg straight with toe pointed, make a ¼ turn R placing weight forward on R, step L beside R and dip bending knees slightly.  
3 Straightening up make a ¾ turn R sweeping R around behind L.  
4&5 Cross step R behind L, step L to L side, step forward on R.  
6&7 Step forward on L swaying hips forward, back, forward.  
8&1 Step back on R, cross step L over R, step back on R. (12 o'clock).

**BACK CROSS BACK TOGETHER, STEP STEP, FULL SPIRAL TURN, STEP, STEP PIVOT STEP.**

2&3& Step back on L, cross step R over L, step back on L, step R beside L.  
4& Step forward on L, step forward on R.  
5,6 Turning L make a full spiral turn on the ball of R, step forward and down on L.  
7&8 Step forward on R, make a ½ turn L, step forward on R. (6 o'clock).

**½ TURN R, ¼ TURN R WITH SIDE STEP, BACK ROCK SIDE, CROSS ¼ TURN R, ¼ TURN R WITH SIDE STEP, TOGETHER CROSS, SIDE TOGETHER, CROSS ROCK WITH RONDE.**

&1 Travelling forward make a ½ turn R stepping back on L, make a ¼ turn R stepping R to R side.  
2& Cross rock L behind R, recover weight to R. \*\* Tag 2 during wall 5, then restart.  
3 Step L to L side.  
4&5 Cross R over L, make a ¼ turn R stepping back on L, make a ¼ turn R stepping R to R side.  
6& Step L beside R, cross R over L.  
7 Step L to L side..  
8&1 Close R beside L, cross rock L over R, recover weight to R whilst ronde L around and behind R. (9 o'clock).

**BEHIND SIDE STEP, TWIST ½ TURN R, TWIST A FULL TURN L, BEHIND SIDE CROSS, ¼ TURN L ¼ TURN L CROSS.**

2&3 Step L behind R, step R to R side, step forward on L.  
4 With knees slightly bent and weight forward on L twist a ½ turn R replacing weight to ball of R.  
5 Keeping knees slightly bent and weight forward on ball of R twist a full turn L sweeping L round and behind R. \* (Option hold count 5 with weight on ball of R).  
6&7 Cross step L behind R, step R to R side, cross step L over R.  
&8& Make a ¼ turn L stepping back on R, make a ¼ turn L stepping L to L side, cross R over L. (9 o'clock).

**Begin again.**

**TAG 1 – End of 1st wall facing 9 o'clock.**

**SIDE TOGETHER CROSS, SIDE TOGETHER CROSS.**

1,2& Step L to L side, close R beside L, cross L over R.  
3,4& Step R to R side, close L beside R, cross R over L.

**TAG 2 – During 5th wall facing 3 o'clock, then restart.**

**HIP SWAYS**

1-2 Step L to L side and sway L, sway R.

**Ending - music slows keep dancing through. On last wall facing 9 o'clock do counts 1 thru 5, then unwind a ¾ turn left to face the front.**

**Relax and Lose yourself - Enjoy J Luv Dee xx**